# Occupational and Environmental Causes of Cancer

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#### Outline

- Overview of "hallmarks"
- IARC categories and occupational/environmental carcinogens
- National Cancer Institute Occupational and Environmental Epidemiology studies
- Carcinogenic legacies and solutions going forward

# Hanahan and Weinberg articles

- Article in Cell (2000) organized thirty years of scientific work into "hallmarks" scheme
  - Cited over 20,000 times since publication
- Extended "initiation-promotion-progression" stages with vastly more detailed explanation
- Article in 2011 updated hallmarks with insights from another decade of research
  - Cited over 13,000 times to date

# Mechanistic Understanding in 2000

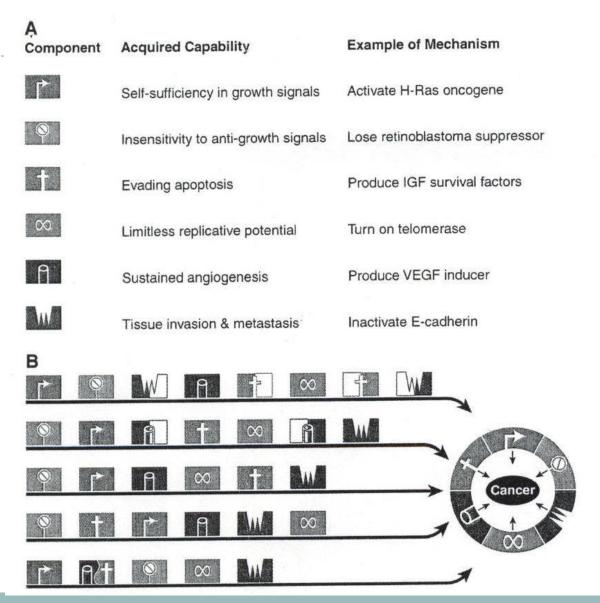
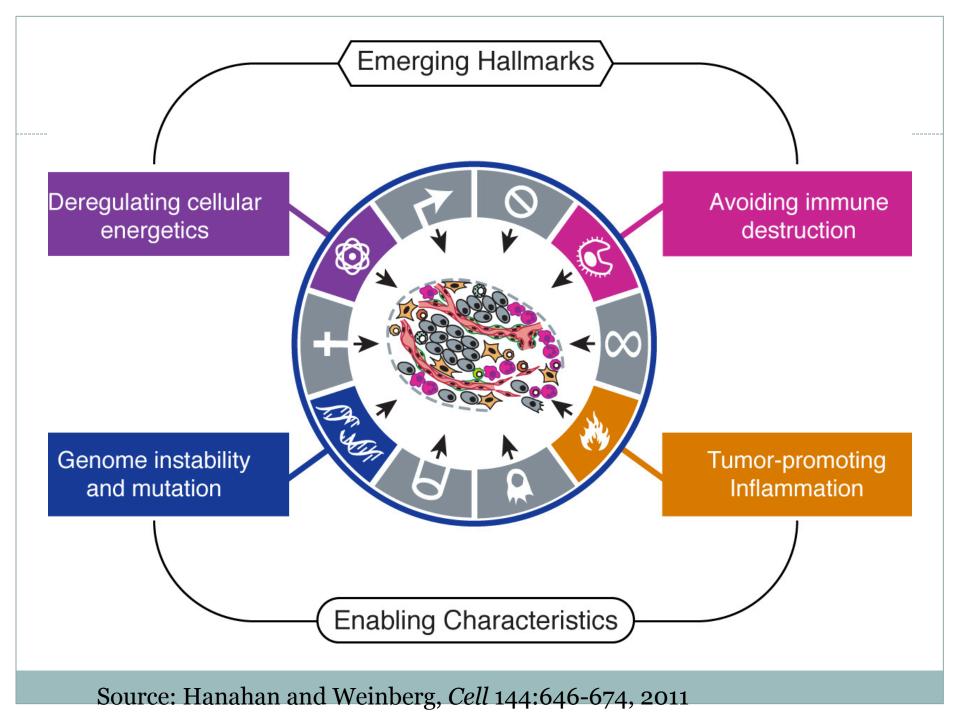


Figure 4. Parallel Pathways of Tumorigenesis

While we believe that virtually all cancers must acquire the same six hallmark capabilities (A), their means of doing so will vary significantly, both mechanistically (see text) and chronologically (B). Thus, the order in which these capabilities are acquired seems likely be guite variable across the spectrum of cancer types and subtypes. Moreover, in some tumors, a particular genetic lesion may confer several capabilities simultaneously, decreasing the number of distinct mutational steps required to complete tumorigenesis. Thus, loss of function of the p53 tumor suppressor can facilitate both angiogenesis and resistance to apoptosis (e.g., in the five-step pathway shown), as well as enabling the characteristic of genomic instability. In other tumors, a capability may only be acquired through the collaboration of two or more distinct genetic changes, thereby increasing the total number necessary for completion of tumor progression. Thus, in the eight-step pathway shown, invasion/metastasis and resistance to apoptosis are each acquired in two steps.

Source: Hanahan D and Weinberg R. The Hallmarks of Cancer. Cell 2000;100:57-70



## IARC Environmental/Occupational Carcinogens

- Those used in workplaces, released into the environment, or contained in consumer products
- International Agency for Research on Cancer (IARC) Classifications:
  - Group 1, Carcinogenic: 116
  - Group 2A, Probably: 73
  - Group 2B, Possibly: 287
  - Group 3, Not Classifiable: 506
  - Group 4, Probably not: 1

Total Reviewed: 982

~40% industrial carcinogens [exposures or circumstances]

Source: /ENG/Classifications/index.phpwww.monographs.iarc.fr

Table 17-3. Definite Human Carcinogens with Potential for Occupational or Environmental Exposure (IARC Group 1)\*

Exposures	Examples of Occurrence	Tumor Sites or Types for Which There Is Sufficient Evidence in Humans	Other Sites or Types with Limited Evidence in Humans
Aflatoxins (naturally occurring mixtures of)	Grains, peanuts (farmworkers)	Liver	
4-Aminobiphenyl Arsenic and arsenic compounds	Dye and rubber industry Insecticides, nonferrous metal smelting, mining and milling of ores containing arsenic	Bladder Lung, skin, urinary bladder.	Kidney, liver, prostate
Asbestos (chrysotile, crocidolite, amosite, tremolite, actinolite, and anthrophyllite)	Mining and milling, insulation, shipyard workers, sheet metal workers, asbestos cement industry	Lung, mesothelioma, larynx, ovary	Colorectum, pharynx, stomach
Benzene	Chemical industry	ANLL	ALL, CLL, MM, NHL
Benzidine Benzidine-based dyes Benzo[a]pyrene	Rubber and dye industries Coloring paper, textiles, and leather	Bladder	
Beryllium and beryllium compounds	Beryllium extraction and processing, aircraft and aerospace industries, electronics and nuclear industries	Lung	
1,3-butadiene Bis(chloromethyl) ether (BCME) and chloromethyl methyl ether (CMME)	Chemical and rubber industries Chemical industry	Hematolymphatic organs Lung	
Cadmium and cadmium compounds	Metalworking industry, batteries, soldering, coatings	Lung	Prostate, kidney
Chromium (VI) compounds	Chromate production plants, dyes and pigments, plating and engraving, chromium ferro-alloy production, stainless steel welding	Lung	Nasal cavity and paranasal sinuses
Coal tar pitches	Coal distillation	Skin, scrotum, lung, bladder	
Coal tars Dioxin (2,3,7,8- tetrachlorodibenzo-p-dioxin) Dyes metabolized to benzidine	Coal distillation Herbicide production and application	Skin, lung All sites combined, lung	
Ethylene oxide	Environmental (Turkey) Sterilant in health care settings; chemical component	Mesothelioma	Lymphoid tumor (NHL, MM, CLL), breast
Formaldehyde	Production, pathologists, medical laboratory technicians, plastics,	Nasopharyngeal, leukemia	Sinonasal

textile industry

# National Cancer Institute Occupational and Environmental Epidemiology Studies

- Agricultural Health Study (with NIEHS, NIOSH, EPA)
  - Enrolled a cohort of ~57,000 farmers and pesticide applicators and 32,000 spouses in mid-1990s in Iowa and North Carolina; followed-up in approximately five-year intervals
  - Dozens of publications have reported results for cancer and individual pesticides; prostate cancer in farmers and multiple findings for individual pesticides (including EDCs like atrazine, glyphosate, et al.) and other cancers and Parkinson's Disease
  - On-going research will examine children and offspring as well as specific gene-environment interactions and genetic pathways such as mutations in the apoptosis pathway in chronic lymphocytic leukemia

## NCI OEEB studies, cont.

- Diesel Exhaust in Miners Study (with NIOSH)
  - Assembled a retrospective cohort of 12,315 workers in eight underground mines and followed through 2012; used state-ofthe-art exposure assessment methods
  - Case-control study of respirable elemental carbon and lung cancer relied on by IARC in categorizing diesel exhaust as Group I carcinogen
  - Survived challenges by industry-affiliated scientists

#### NCI OEEB studies, cont.

- New England Bladder Cancer Study (with State Health Departments in Maine, New Hampshire, Vermont)
  - Case-control study of over 2,600 subjects in geographic area with high bladder cancer mortality and high arsenic in soil and groundwater.
  - Examined associations with arsenic, disinfection byproducts,
     nitrates using detailed interviews and biological samples
    - ➤ Multiple publications found excess risk from arsenic in soil, interaction with smoking and risk from other exposures in both males and females

## NCI OEEB Studies, cont.

- Other studies include Shanghai Women's Health Study, Los Angeles AARP cohort and many others
  - Research incorporates molecular epidemiology and advanced genetic methods, biomarkers, diet and "lifestyle" factors
- On-going studies of diesel exhaust, formaldehyde, benzene, TCE, acrylonitrile, carbon black, pesticides
- New exposure focus will include carbon nanotubes
- Combines epidemiology, quantitative exposure assessment, biological and genetic methods to understand mechanisms of carcinogenesis

# Additional insights still to come

- Role of electromagnetic fields, shift work, geneenvironment interactions
- Further research on endocrine-disrupting chemicals and windows of vulnerability
- Ecosocial approaches and multi-level analyses

# Asbestos legacy continues

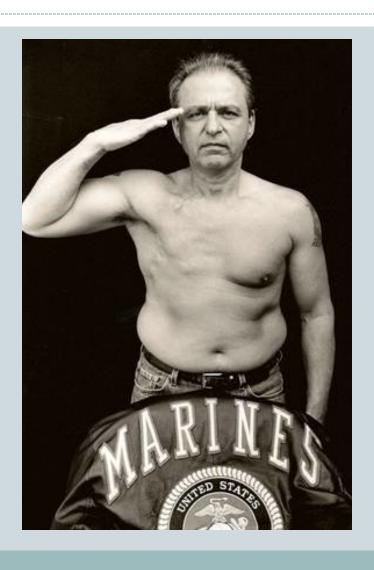






- Remains leading cause of lung cancer world-wide
  - Never fully "banned" in the US.
  - Exposure occurring across lifecycle: mining, processing, disposal
- Produces both occupational & environmental cancers
  - o "take home" exposures and Third Wave exposures still occurring
- Interacts with tobacco smoke

# Camp Lejeune Cancer Studies



- TCE, Perc, benzene in drinking water in 1950s through 1985 at Marine training base
- Hundreds of thousands of veterans and dependents exposed to contaminated drinking water (low ppb to 1,600 ppb of TCE)
- Male breast cancer results just reported
- ATSDR studies on-going

# **Solutions** going forward

"A precautionary prevention-oriented approach should replace current reactionary approaches to environmental contaminants in which human harm must be proven before action is taken to reduce or eliminate exposure

