

Designing Sampling for Targeting Lead and Copper: Implications for Exposure

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Key Points

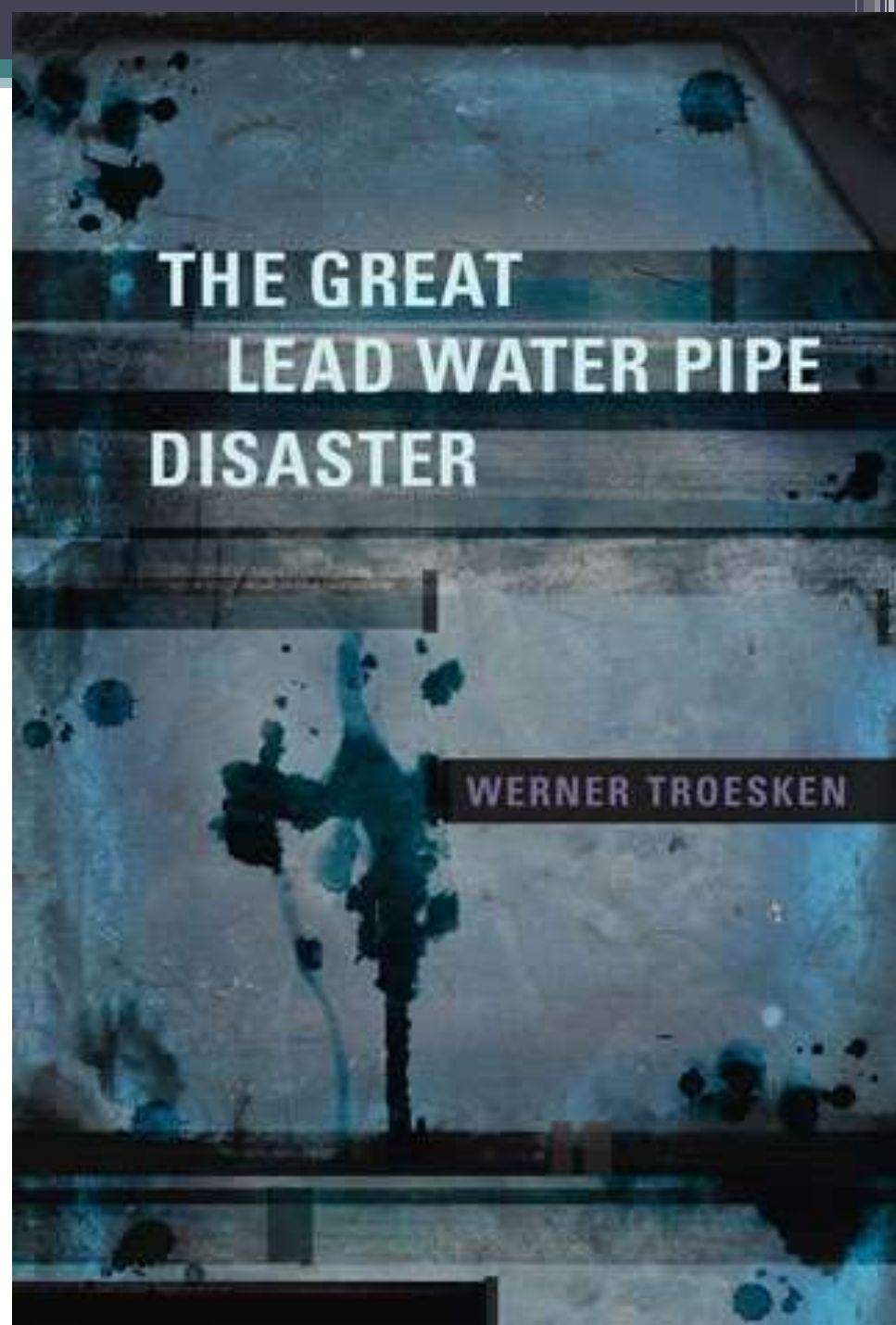
We know how to find risks from high water Pb
(unfortunately we are often doing just the opposite)

Missing lead in water hazards during sampling provides
a false sense of security to all parties and endangers
public health

Current levels of lead in U.S. potable water pose an
unacceptable acute/chronic health threat

Decision by cities
to allow/require
use of lead
service lines....

caused one of the
most serious
environmental
disasters in US
History



Perspective on Legacy Plumbing Lead Sources

Lead-Bearing Plumbing Material	Age of US Homes at Potential Risk	Estimated number of US homes at potential risk	Estimated Mass of Lead per home at potential risk (kg)	Responsibility/ Average Performance Lifetime
Brass Plumbing Components If 2% lead by weight If 8% lead by weight > 8% lead by weight	All All Pre 1986	All All 81million ^a	0.1 ^b 0.3 ^b 0.4 ^b	Mostly private ≈ 20-70 years
Lead pipes, lead service lines, and lead goosenecks (100% lead by weight)	Pre 1986	3.3 - 6.4 million ^c	19.1^d	Undeniable Public Responsibility ≈ 100-1000 years
Lead solder (40% - 50% lead by weight)	Pre 1986	81 million ^a	Highly variable, but believed very significant ^e	Mostly private ≈ 20-70 years
Lead joints in water mains (100% lead by weight)	Pre 1986	All homes served by water mains installed pre 1986	Unknown but believed inconsequential ^f	NA

Even 1 foot of lead pipe, contains enough lead to raise every drop of water used by a family of 4 over 100 years, to over the 15 ppb AL

Lead pipe is the most concentrated lead source in US homes, and it directly affects a product (tap water) that is intended for human consumption

Changes affecting peak LSL Lead since 2000

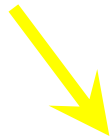
Recent Changes	Decreases Pb	Increases Pb
Utilities Add Less Chlorine		X
Aggressive Water Conservation		X
Chloramine Instead of Chlorine		X
Reduce Phosphate Doses to “Optimize” Corrosion Control and Save \$\$		X
Created Millions of Disturbed and Partially Replaced LSLs		X
More Exposed Iron Pipe in Mains → More Fe, Less Cl ₂ = More Pb		X
More Accumulated Pb Scale, More Pb Particulates from Corrosion Control and Older Pipes		X
Higher temperatures?		X

Science Predicts Higher Peak LSL Pb Release in Many Systems Due to These Changes-Little Reason to Hope Things are Improving

Utility Sampling
Instructions Have
Evolved (Devolved) to
Miss Many LSL Pb and
Particulate Pb Problems
in Water When Present

Generation of Pb Particles

Corrosion or Rusting



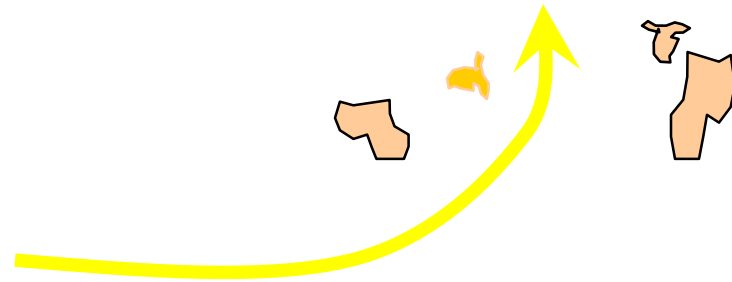
Lead Solder, Lead Scale or “Rust” layer

Lead Solder, Lead Pipe or Leaded Brass

Detachment During Flow

Faster water flow in some systems,
means more particulate lead

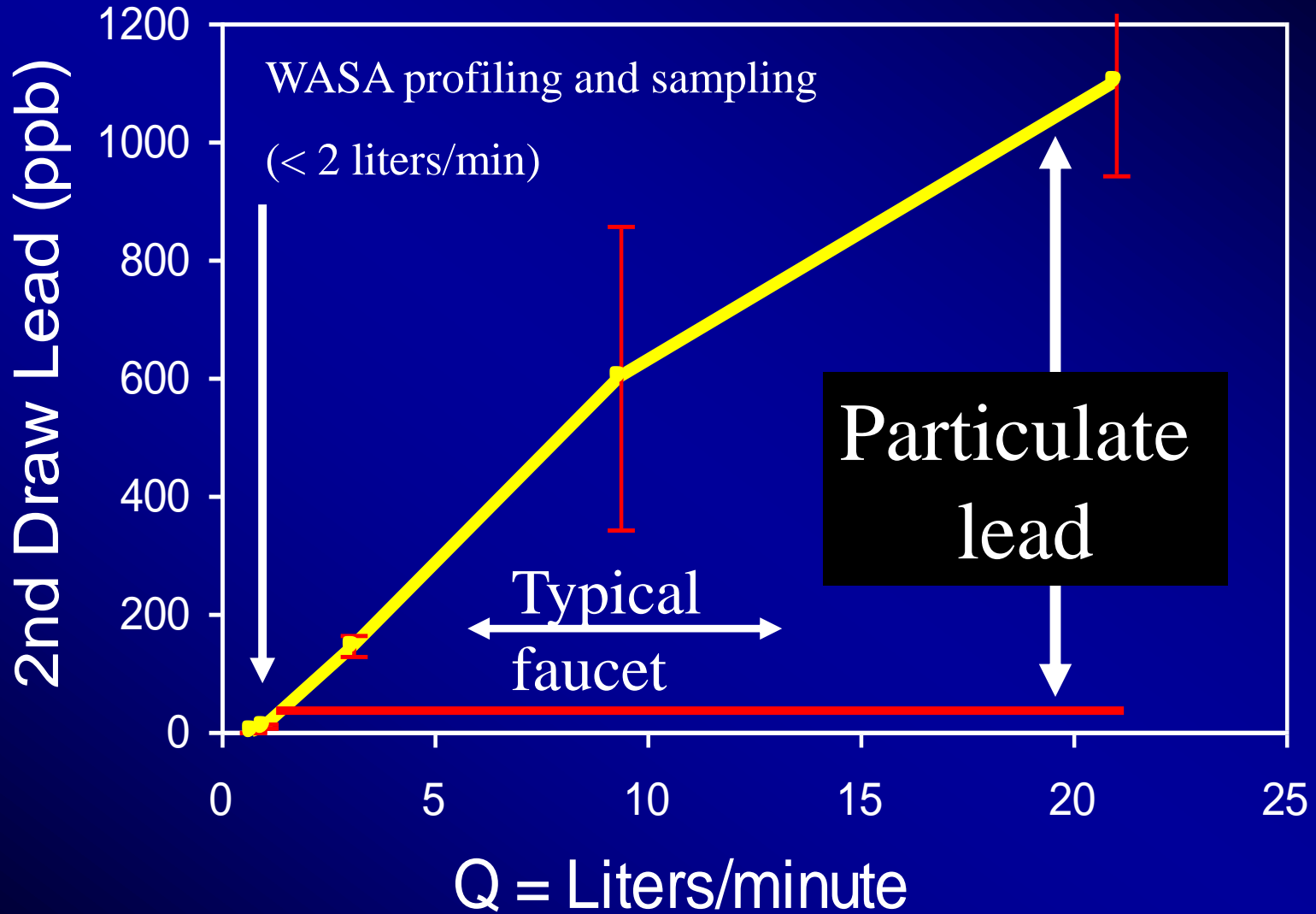
Scouring



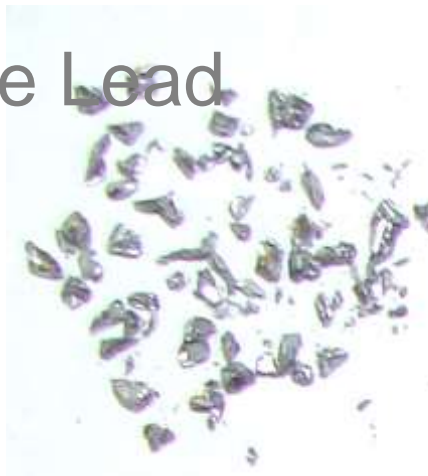
Lead Solder, Lead Scale or “Rust” layer

Pb Plumbing Material

Water Samples of LSL Lead from DC in 2004



Pure Lead



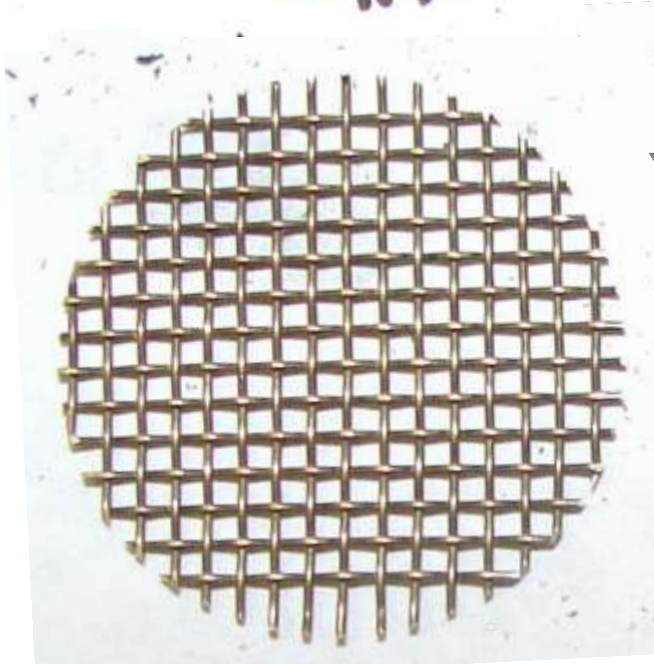
Oxidized Lead
(Lead (IV))



50% Leaded Solder



Red Brass



Yellow Brass



Sampling Instructions

Effect vs. Normal Use

Sample at low flow

Reduce particulate Pb

Open tap slowly

Reduce particulate Pb

Pre-flushing pipes

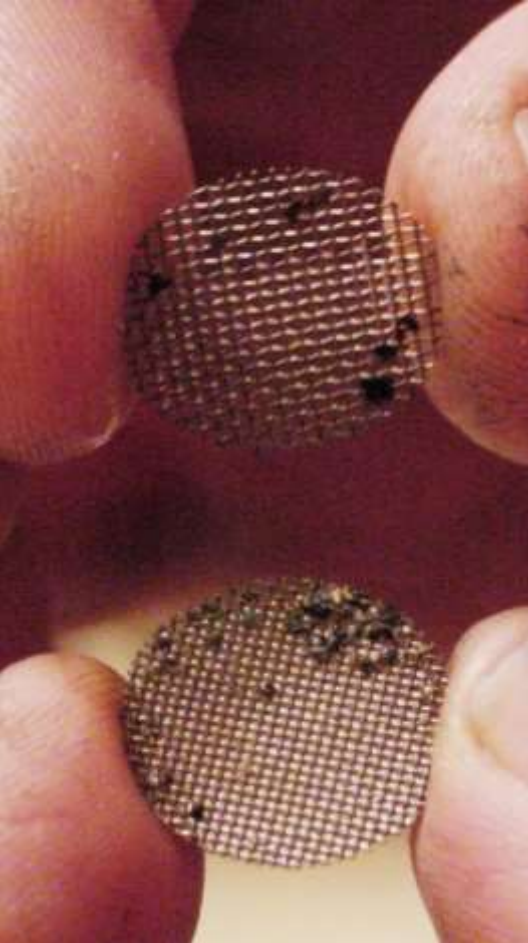
Reduce LSL and
particulate Pb in first
draw sample

Pre-clean aerator

Reduce particulate Pb

Use of these instructions and “missing” high risk sites has resulted in documented childhood lead poisoning when the utility was officially meeting the LCR and the water was supposedly “safe”

Day care





Enough lead behind this aerator to poison 5000 kids

(@ CPSC 175 ug Pb acute health risk and 25% bioavailability)

After cleaning aerator water tested "safe" 6 hours later

Example: DC WASA 2005-2008

Consumers instructed to pre-flush pipes 10 minutes the night before LCR sampling to barely meet EPA AL

3 independent entities sampling tap water at this time found very high lead, and a coalition vehemently protested the use of pre-flushing:

EPA RIII/EPA OW allow pre-flushing in DC

CDC (2012) → More lead poisoned kids in DC Homes with LSLs in this time frame

Effect of Bottle Type



Recent Pb Health Data And Human Exposure Considerations

Lead and Adverse Pregnancy Outcomes Miscarriages/Fetal Death

* Read before the Yorkshire Branch of the British Medical Association
at Bradford, January, 1905.

THE INCREASING USE OF LEAD AS AN ABORTIFACIENT ;

A SERIES OF THIRTY CASES OF PLUMBISM.*

By ARTHUR HALL, M.A., M.D.CANTAB., F.R.C.P.,
Professor of Pathology, University College, Sheffield; Physician,
Sheffield Royal Hospital

NOV. 13, 1926]

[THE BRITISH
MEDICAL JOURNAL

LEAD AS AN ABORTIFACIENT.

SIR,—Some time ago, in country practice, I had a message from a neighbour asking me to see with him a case of acute abdominal disease. The history was this: A robust young woman (married three months) had had pain in the stomach a few days previously, and again on the day before, when she was first seen. On inquiry her doctor was

1900s Lead abortion pill dose exceeded by normal consumption of water in 15% of DC homes with lead pipe in 2003



Fetal Death and Reduced Birth Rates Associated with Exposure to Lead- Contaminated Drinking Water *ES&T 2013*

Trends in DC birth rate (miscarriages) and fetal death rates were consistent with prior work indicating that each 5 ug/dL increase in maternal blood lead doubles miscarriage risk. Fetal death rates correlated to water lead levels and measures of lead pipe occurrence.

ICRP Adult Blood Lead Model

0 → 5 ug/dL in Maternal Blood Lead ≈ 60 ppb water Pb

Representative Exposures of Concern for Lower Blood Lead Levels

<u>Group</u>	<u>Increased BLL of Concern</u>	<u>Water Lead</u>
Formula Fed Infants	0 → 1 ug/dL for 50% of those exposed	3.5 ppb
Formula Fed Infants	0 → 1 ug/L for 10% of those exposed	2 ppb
Formula Fed Infants	0 → 5 ug/dL for 10% of those exposed	<u>11 ppb</u>

Triantafyllidou, S., Gallagher, D. and Edwards, M. Assessing risk with increasingly stringent public health goals: the case of water lead and blood lead in children. Journal of Water and Health. doi: 10.2166/wh.2013.067 58-68 (2014).

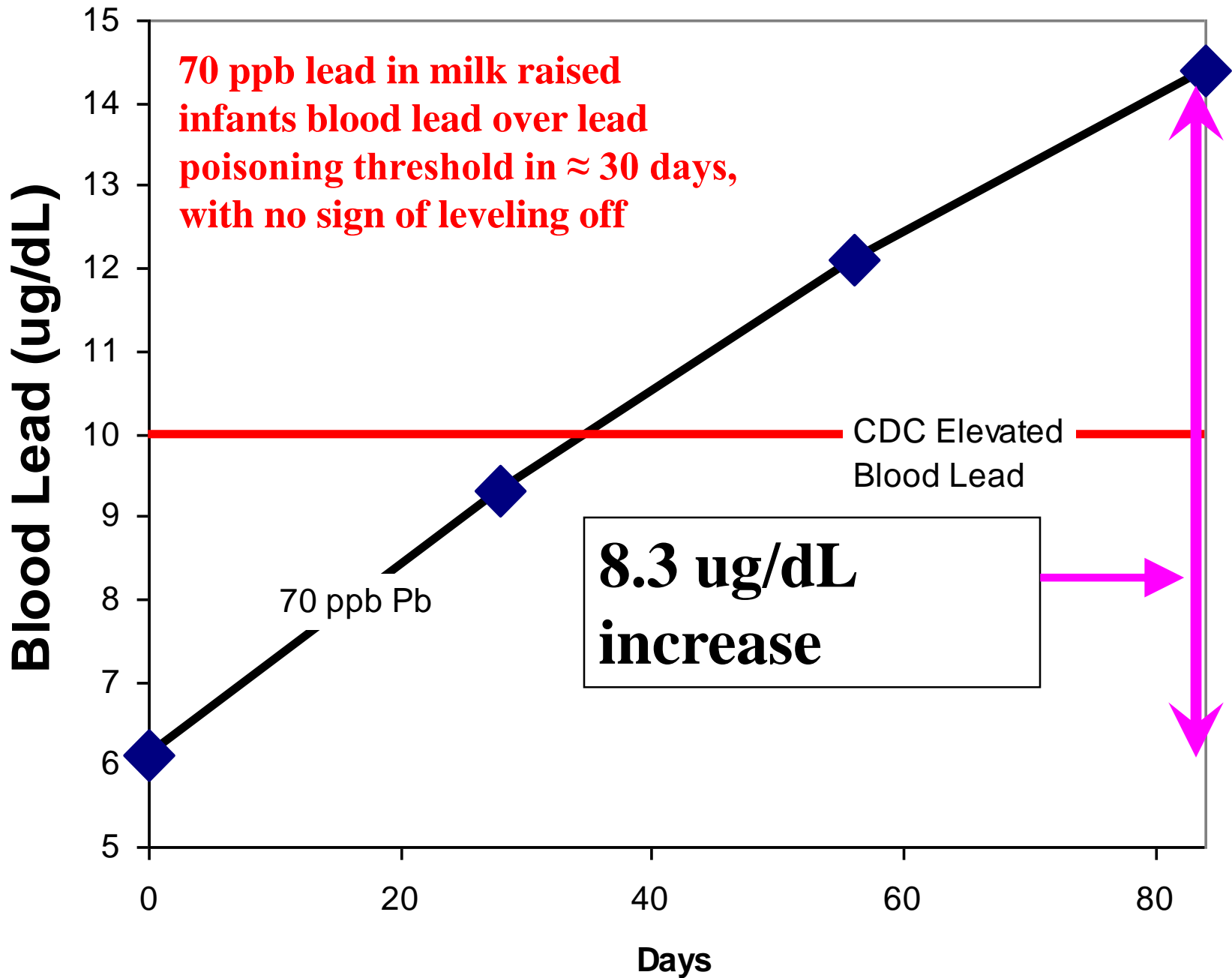
Ryu et al (1983)

Fed leaded milk to infants in US
All dietary Pb intakes accounted for

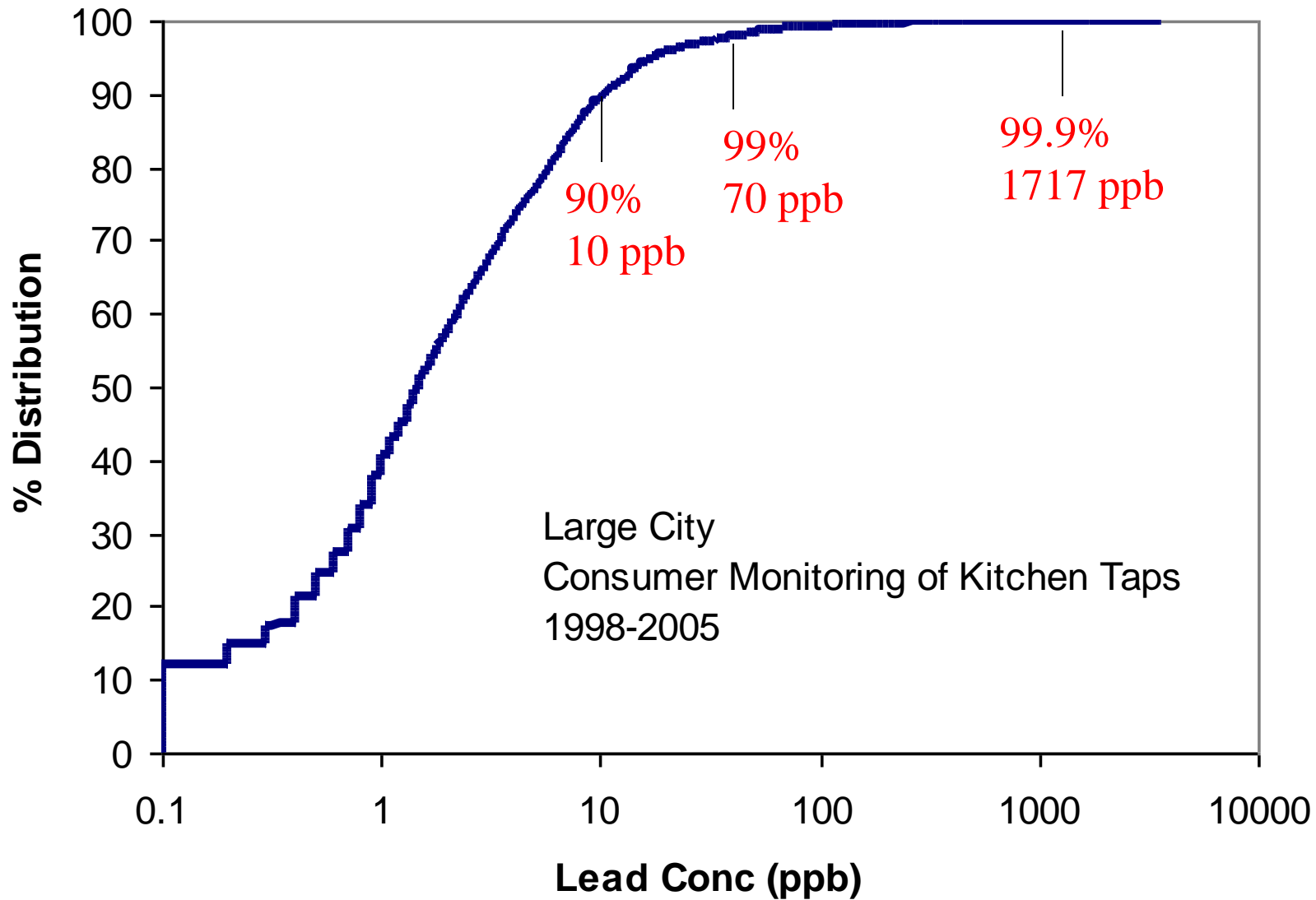
17 infants

**10 fed milk with
avg. 10 ppb Pb**

**7 fed milk with
avg. 70 ppb Pb**



What do lead levels look like for a large US city currently meeting the AL, based on thousands of data points, and how does that translate to EBL?



≈1% of children in this city
predicted to have elevated blood
lead (> 10 ug/dL) from tap water
consumption alone (> 70 ppb)

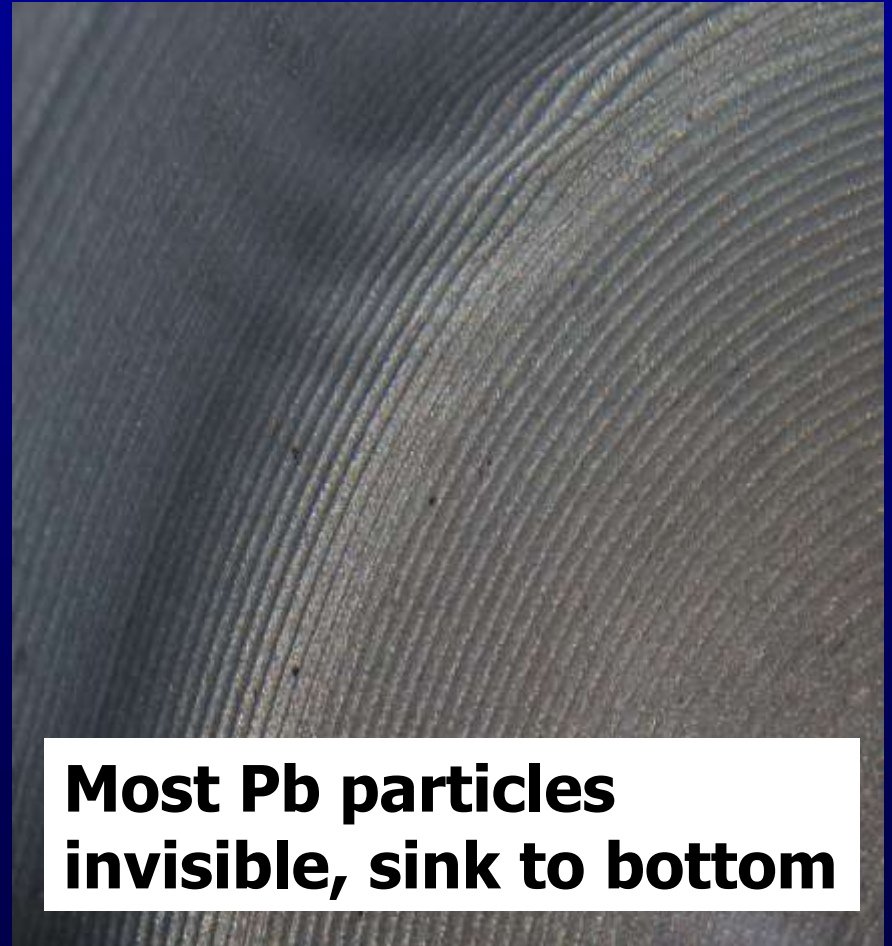
in a city with 100,000 children that
would be 1000 cases of childhood
lead poisoning

You do not even have
to drink tap water to
be exposed.

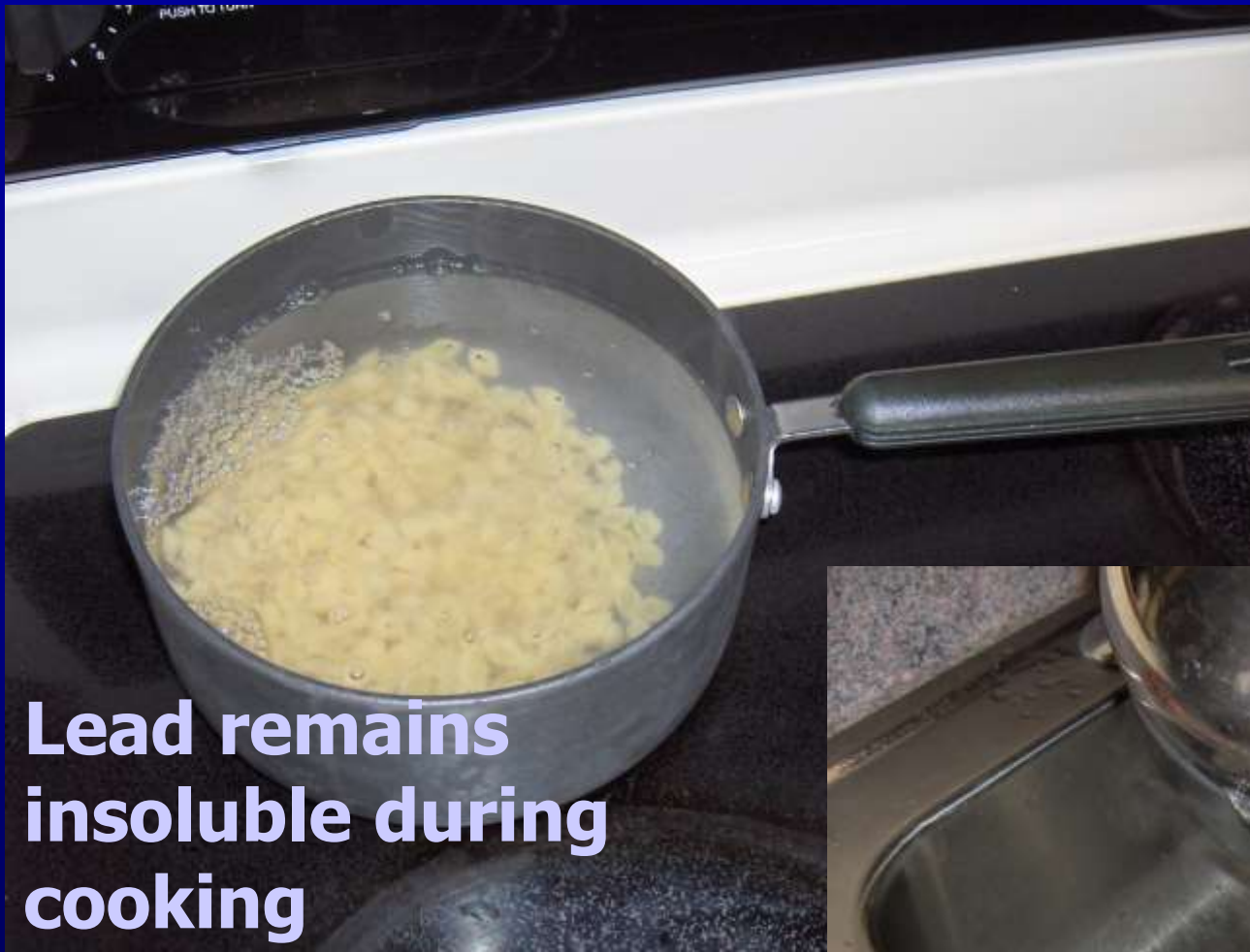
Water collected @ highest flow from faucet of poisoned child



**1.5 liters at 535
ppb lead**



**Most Pb particles
invisible, sink to bottom**



**Lead remains
insoluble during
cooking**



**< 5% particulate
lead poured off**



381 ug Pb

310 ug Pb

One serving of pasta prepared from tapwater in home of lead poisoned child had more lead than eating a dime size paint chip @ 1% lead.

A Revised LCR Needs-Pb

- public education that stops telling consumers with lead services/plumbing that **THEIR WATER IS SAFE***
- an attitude at EPA OW and CDC that acknowledges serious water lead health risks, emphasizes important **DIRECT** links between the LCR and public health, and stops “anything goes” messaging to utilities
- motivated utilities attempting to find high lead in water risks, and the will/means to punish bad actors— or else take LCR sampling completely out of utilities hands
- a plan for complete removal of all lead service lines

***unless it is not safe, in which case we told you so in fine print somewhere**



Marc Edwards received his bachelor's degree in Bio-Physics from SUNY Buffalo and an MS/PhD in Environmental Engineering from the University of Washington. In 2004, Time Magazine dubbed Dr. Edwards "The Plumbing Professor" and listed him amongst the 4 most important "Innovators" in water from around the world. The White House awarded him a Presidential Faculty Fellowship in 1996 and he was named a MacArthur Fellow in 2008.

He has received 6 outstanding research publication awards from peer reviewed journals, the Huber Research Prize from the American Society of Civil Engineers (2003), and the National Association of Corrosion Engineers Technical Achievement Award (2008). Volunteer (unfunded) research by Edwards and colleagues on health effects from lead in drinking water documented numerous cases of fetal death and childhood lead poisoning associated with lead in tap water nationwide, including those associated with the 2000-2004 Washington D.C. "Lead Crisis." That effort culminated in a Congressional Investigation of CDC, an Outstanding Paper Award in ES&T, a Praxis Award in Professional Ethics from Villanova University and the IEEE Barus Award for Defending the Public Interest.

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