Environmental Health & The Importance of Being "Natural"



Katie Huffling, MS, RN, CNM Karin Russ, MS, RN Charlotte Wallace, RN Louise Mitchell, PT

Over 87,000 Chemicals

Charlotte Brody, RN Body Burden Studies

Chemicals found in Charlotte:

214 tested

87 found!



Charlotte Brody, RN Body Burden Studies

Chemicals found in Charlotte:

Number: associated with:

 54 Birth defects and dev dele 	ays
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· 53 Immune toxicants

· 52 Cancer

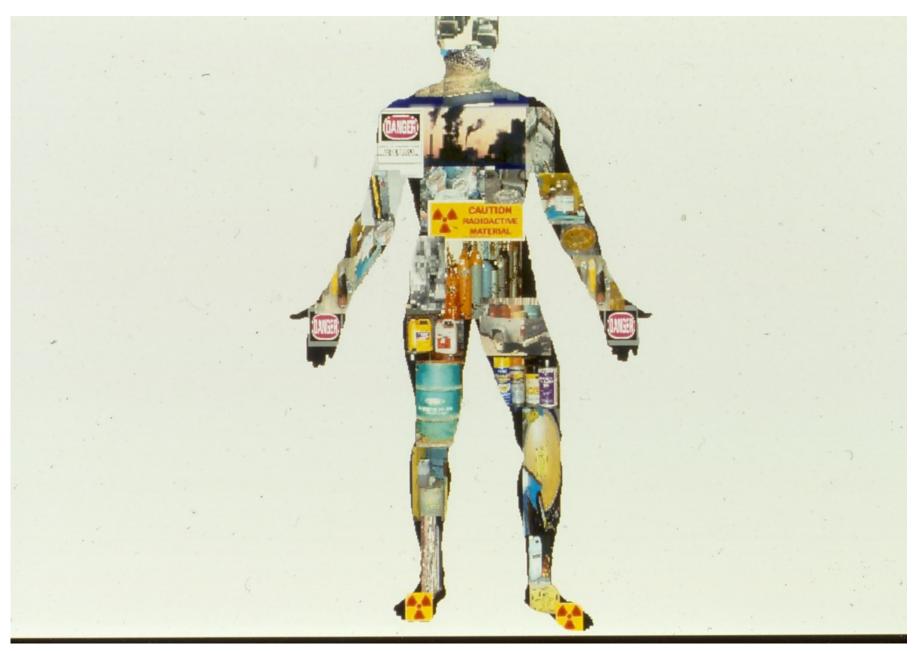
37 Brain and nervous system

23 Reproduction and fertility

16 Hormone activity

10 Gastrointestinal (including liver)





CDC: National Report on human exposure to environmental chemicals http://www.cdc.gov/exposurereport/index.html

CDC Body Burden
Studies
Solvents

Phthalates

Industrial Degreasers

Flame

Pesticides retardants Heavy metals

Dioxins and Furans















http://www.ewg.org/reports/bodyburden2/execsumm.php





