

CHE Fertility call: Effects of BPA on *in vitro* Fertilization

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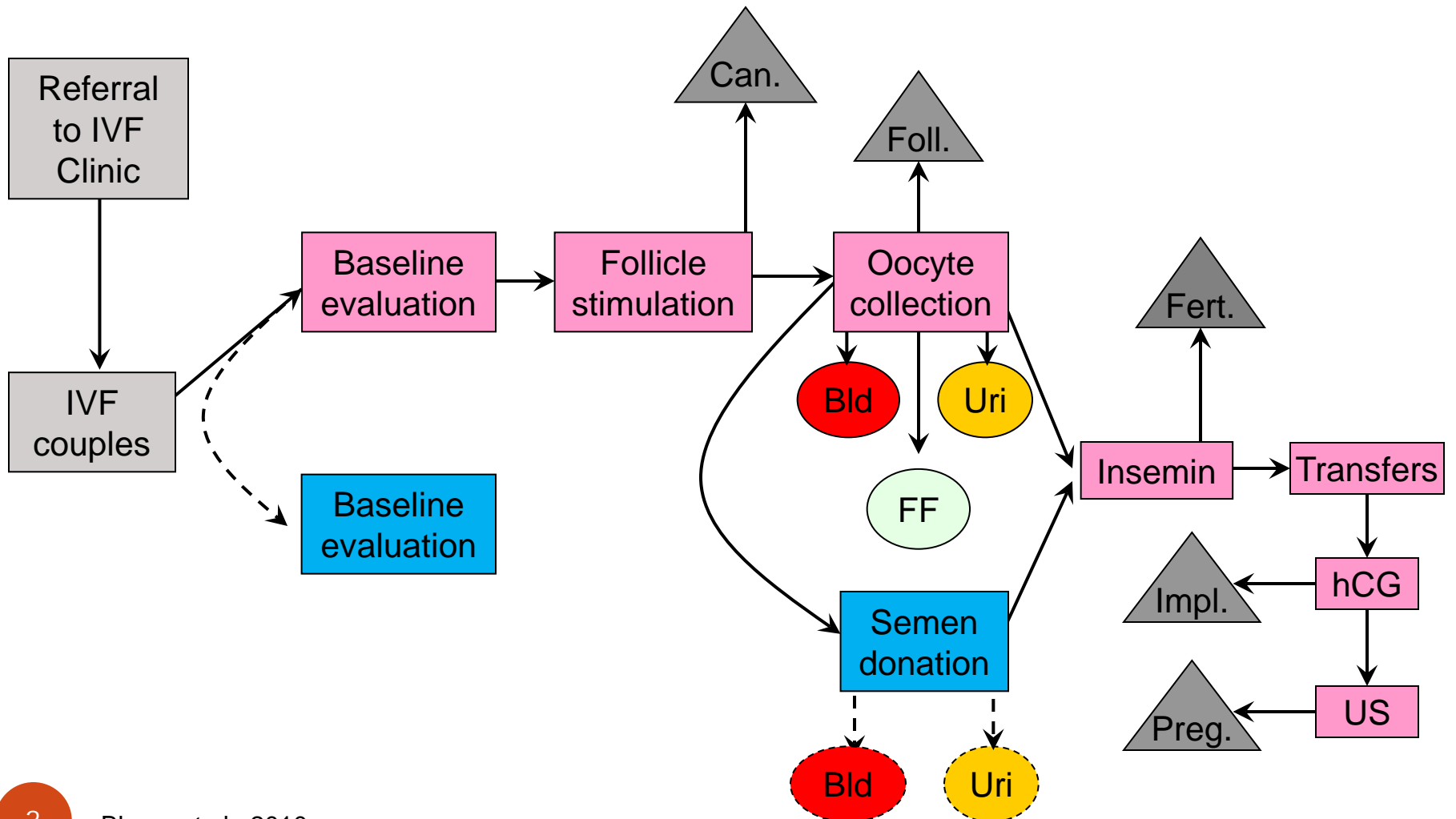
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Study of metals & assisted reproductive technologies (SMART)

- In an effort to respond to the knowledge gap concerning environmental contaminants & periconceptual events, we initiated a prospective cohort of couples undergoing treatment at the Center for Reproductive Health at the University of California at San Francisco:
 - The aim of this pilot study is to generate specific testable hypotheses concerning associations between background exposures to environmental toxicants suspected to interfere with human reproduction & proximal IVF endpoints

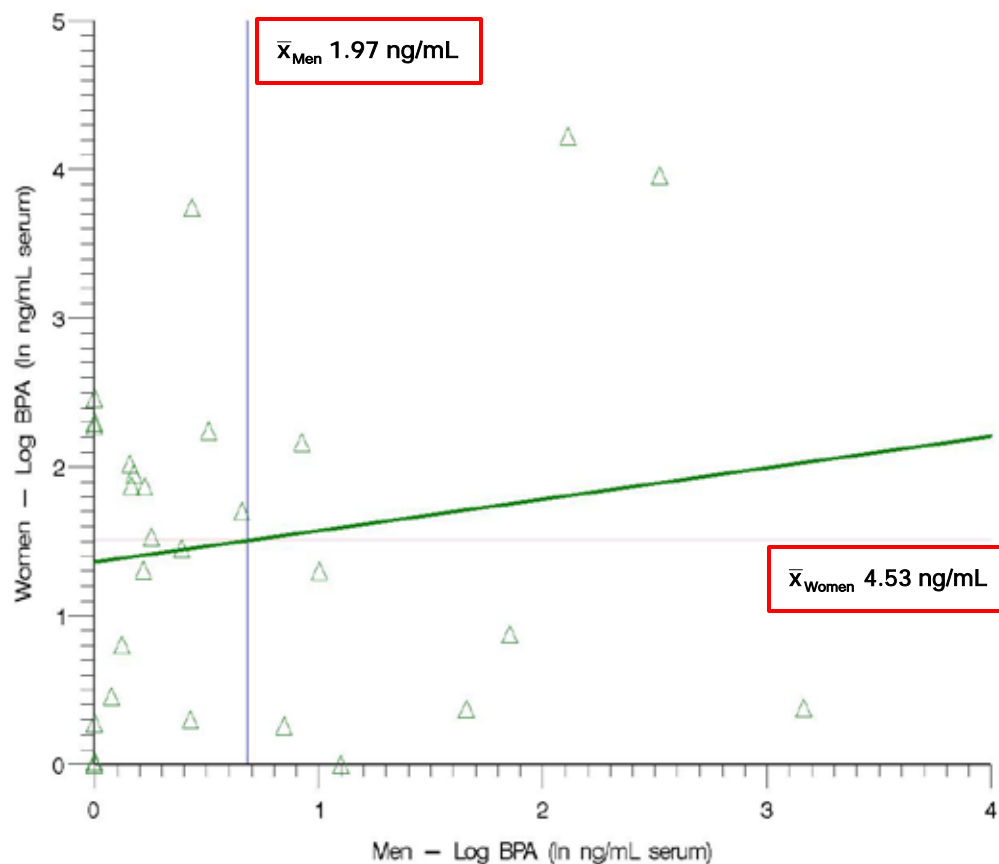
Study protocol



Approach

- Collection of biologic specimens for assessment of environmental exposures at the time of oocyte retrieval from female patients & their male partners:
 - Laboratory analysis for serum unconjugated BPA concentrations using HPLC with Coularray Detection
- Biomarkers of internal dose correlated with endpoints at the:
 - Follicle level
 - Oocyte level
 - Embryo level
- Analysis conducted using the person unit of measurement & using the oocyte/embryo unit of measurement

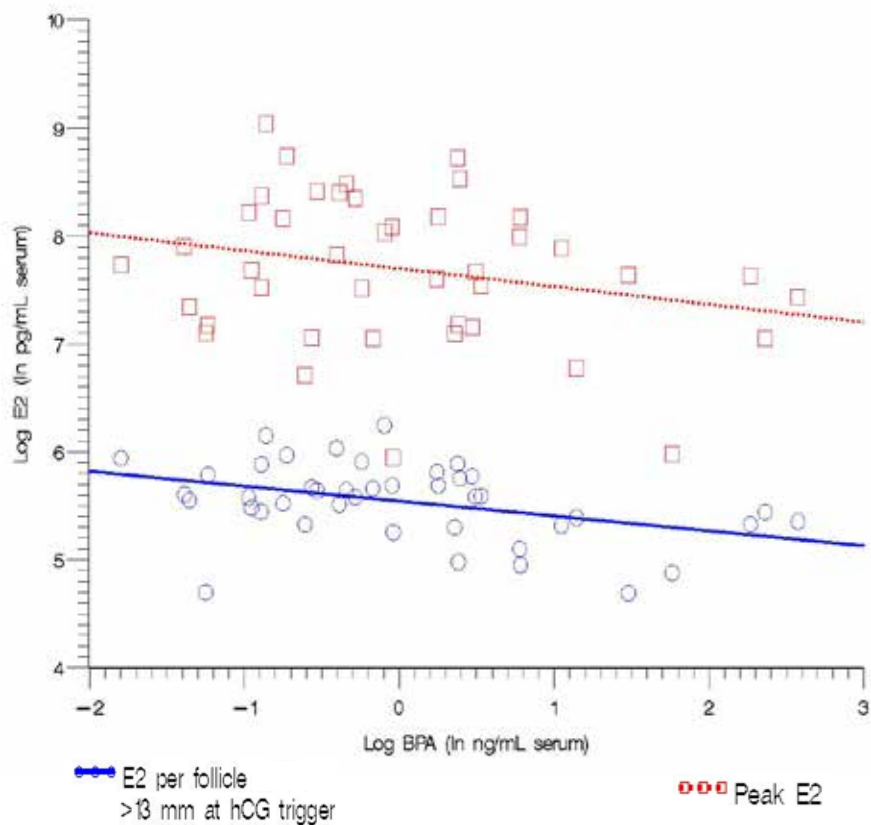
No association between BPA in women & BPA in men, comprising 28 couples



- Linear correlation for BPA in women & men:
 - 0.15 (95% CI -0.24, 0.49)
 - No substantial change when adjusted for age, race/ethnicity, or cigarette smoking
- Fasting vs. non-fasting specimens?

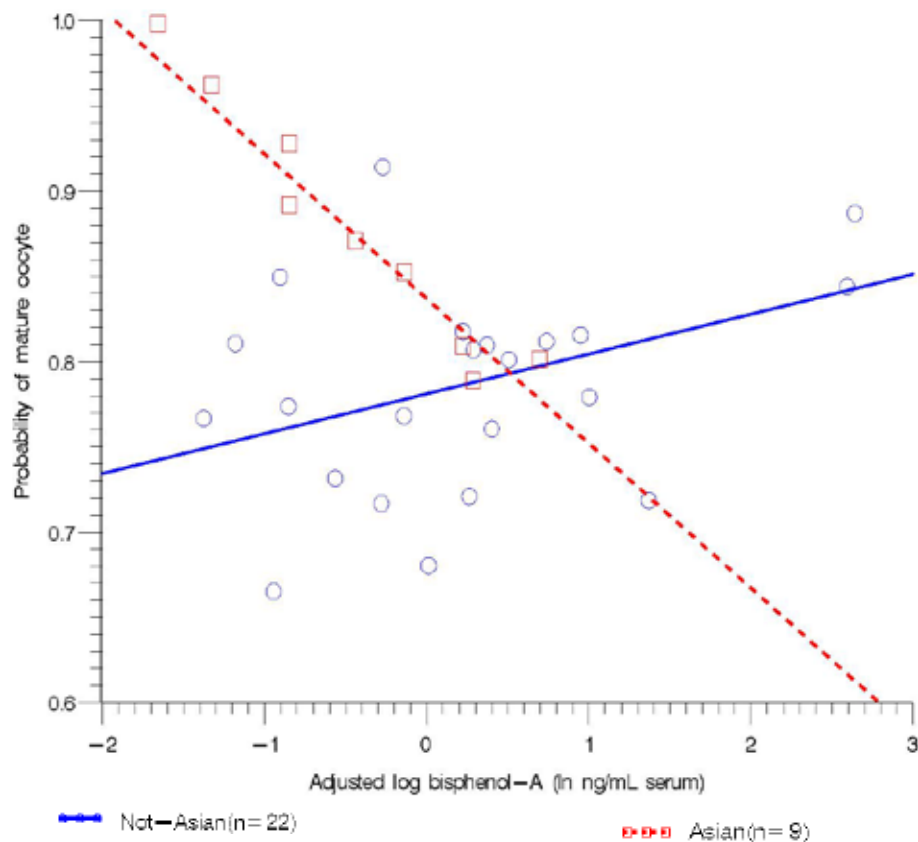
Increased BPA is associated with decreased peak estradiol (E_2) in 42 women

Note log scale ↓



- Doubling of BPA:
 - Reduction in peak E_2
 - -11% (95% CI -89%, 27%)
 - Reduction in peak E_2 per mature-sized follicle
 - -9% (95% CI -15%, -2%)
- Adjusted for AFC, cigarette smoking, & race/ethnicity
- BPA interfere with E_2 synthesis?

Increase in female BPA associated with decreased oocyte maturity in ICSI cases



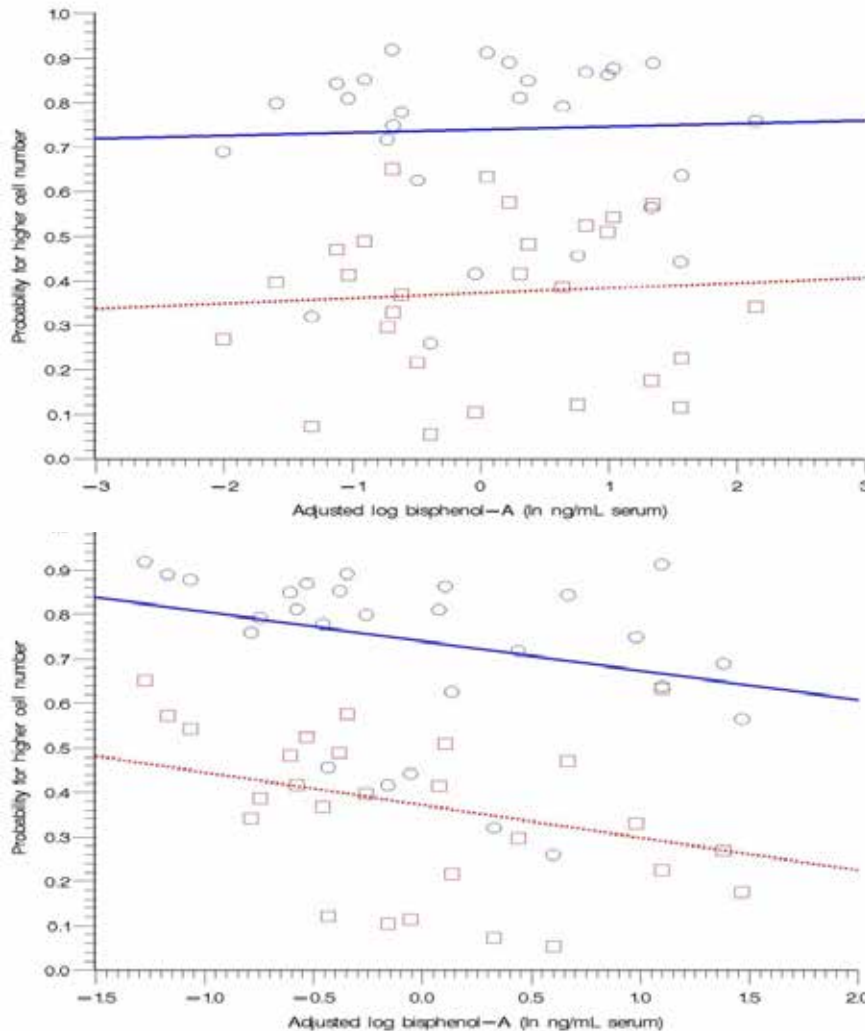
- Doubling of BPA:
 - A reduction in probability for a mature oocyte among Asian women
 - -9% (95% CI -17%, 0%)
 - No effect on probability for mature oocyte among not-Asian women
 - 3% (95% CI -4%, 10%)
- Adjusted for age & cigarette smoking
- BPA interfere with 1st meiotic division?

Increase in female BPA associated with decreased oocyte fertilization

| Predictor variable | Model for oocyte fertilization | | | |
|-------------------------------|--------------------------------|------------|-------------|---------|
| | aRR | Low 95% CL | High 95% CL | P value |
| BPA-female (ng/mL serum) | 0.45 | 0.31 | 0.66 | <.0001 |
| BPA-male (ng/mL serum) | 0.96 | 0.88 | 1.04 | .308 |
| Age-female (y) | 0.98 | 0.95 | 1.02 | .261 |
| Age-male (y) | 0.96 | 0.94 | 0.99 | .008 |
| Race-female (not Asian/Asian) | 1.17 | 0.70 | 1.97 | .547 |
| Race-male (not Asian/Asian) | 1.25 | 0.75 | 2.08 | .386 |
| Smoking-female (never/ever) | 1.15 | 1.03 | 1.28 | .014 |
| Smoking-male (never/ever) | 0.82 | 0.69 | 0.98 | .028 |
| BPA-female × race-female | — | — | — | — |
| BPA-female × age-female | 1.02 | 1.01 | 1.03 | <.0001 |
| BPA-female × BPA-male | 1.06 | 1.02 | 1.10 | .001 |
| BPA-male × race-male | 0.88 | 0.79 | 0.98 | .022 |

- Doubling of BPA:
 - Reduced probability for normal fertilization for women
 - 55% (95% CI -69%, 34%)
 - Affected by age & race/ethnicity
 - Reduced probability for normal fertilization for Asian men only
 - 12% (95% CI -21%, -2%)

Increased male BPA associated with decreased embryo cleavage rate



- Doubling BPA:
 - No effect for women
 - 4% (95% CI -19%, 33%)
 - Reduced odds for men
 - -71% (95% CI -40%, 2%)
- Adjusted for partner BPA, age & race/ethnicity
- BPA in male partner interfere with early embryo cleavage?

Summary of BPA findings from the SMART Study

- Male BPA exposure may influence embryo quality in couples undergoing IVF
- A doubling of female BPA exposure is associated with a 50% reduction in normally fertilized oocytes with IVF
- There may be a race/ethnicity-specific association between female BPA exposure & reduction in mature oocytes retrieved during IVF
- Increasing female BPA exposure alters the E₂ response during gonadotropin stimulation during IVF
- Non-dietary sources of BPA exposure may be important