

Interaction between genetic susceptibility and early-life environmental exposure determines tumor-suppressor-gene penetrance

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Gene–environment interactions are important determinants of cancer risk. Traditionally, gene–environment interactions are thought to contribute to tumor-suppressor-gene penetrance by facilitating or inhibiting the acquisition of additional somatic mutations required for tumorigenesis. Here, we demonstrate that a distinctive type of gene–environment interaction can occur during development to enhance the penetrance of a tumor-suppressor-gene defect in the adult. Using rats carrying a germ-line defect in the tuberous sclerosis complex 2 (*Tsc-2*) tumor-suppressor gene predisposed to uterine leiomyomas, we show that an early-life exposure to diethylstilbestrol during development of the uterus increased tumor-suppressor-gene penetrance from 65% to >90% and tumor multiplicity and size in genetically predisposed animals, but it failed to induce tumors in wild-type rats. This exposure was shown to impart a hormonal imprint on the developing uterine myometrium, causing an increase in expression of estrogen-responsive genes before the onset of tumors. Loss of function of the normal *Tsc-2* allele remained the rate-limiting event for tumorigenesis; however, tumors that developed in exposed animals displayed an enhanced proliferative response to steroid hormones relative to tumors that developed in unexposed animals. These data suggest that exposure to environmental factors during development can permanently reprogram normal physiological tissue responses and thus lead to increased tumor-suppressor-gene penetrance in genetically susceptible individuals.

developmental programming | gene–environment interaction | Eker rat | uterine leiomyoma | *Tsc-2*

Inheritance of a defect in a tumor-suppressor gene confers a high risk for developing cancer. However, defects in these genes are rarely 100% penetrant, and, even in families harboring the same genetic mutation, the penetrance of the tumor-suppressor-gene defect can vary significantly (1–4). The importance of gene–environment interactions in contributing to individual differences in tumor-suppressor-gene penetrance was recently highlighted in the New York Breast Cancer Study, which evaluated the breast and ovarian cancer risk in female relatives harboring mutations in the *BRCA1* and *BRCA2* tumor-suppressor genes. The magnitude of increase in breast cancer risk in the birth cohort born after 1940 was substantially greater than in those born before 1940 (5). These data suggest that additional factors, such as diet, exercise, hormonal milieu, and environmental exposures, can significantly modify cancer risk in the presence of an inherited cancer-susceptibility gene.

Traditionally, gene–environment interactions that influence cancer risk are thought to occur over an individual's lifetime by facilitating or inhibiting acquisition of the multiple somatic mutations required for tumorigenesis (6). However, for some diseases, such as cardiovascular disease and adult-onset diabetes, a developmental programming hypothesis is proposed as an alternative mechanism for modulating adult disease. This hypothesis proposes that, at critical times during development, the exposure of devel-

oping tissues to an adverse stimulus or insult can permanently reprogram normal physiological responses and, so, give rise to metabolic and hormonal disorders later in life (7–10). The underlying mechanisms for what has been termed “developmental programming” have not been definitively established, although reprogramming of the hypothalamo–pituitary–adrenal axis as a result of poor maternal nutrition and exposure of developing fetal tissues to excess glucocorticoids is thought to underlie developmental programming for some metabolic diseases of both humans and rodents (11).

The reproductive tract has been shown to be a target for developmental programming as a result of inappropriate hormone exposure. From the 1940s to the 1970s, the xenoestrogen diethylstilbestrol (DES) was extensively prescribed to pregnant women at risk for miscarriage. Women who had been exposed to DES *in utero* during critical periods of reproductive-tract development developed several types of reproductive-tract abnormalities as well as an increased incidence of cervical–vaginal cancer later in life (12). Animal studies that simulate the human DES experience have since shown that exposure of the developing reproductive tracts of CD-1 mice to DES imparts a permanent estrogen imprint that alters reproductive-tract morphology, induces persistent expression of the lactoferrin and *c-fos* genes, and induces a high incidence of uterine adenocarcinoma (13–15). Because DES is readily metabolized and cleared within days after exposure, the persistent alterations resulting from developmental DES exposure cannot be explained simply by residual body burden of the compound (16, 17). DES-induced developmental programming has been demonstrated to require estrogen receptor (ER) α (18), suggesting that signaling through this receptor is crucial for establishing the imprint. However, the cancer risk for women exposed to DES *in utero* is only 0.1%, and the uterine adenocarcinoma observed in mice is induced only in the CD-1 strain (C57BL/6 mice are resistant) (18, 19), suggesting a possible link between genetic susceptibility and DES-induced developmental programming.

We propose that developmental programming resulting from an environmental exposure, for example, to a xenoestrogen, can alter risk in genetically susceptible individuals and influence the penetrance of tumor-susceptibility genes. To test this hypothesis, we have used an animal model for hormone-dependent tumorigenesis of the female reproductive tract. In women, tumor-suppressor genes such as *BRCA1/2* and *PTEN* are known to increase the risk for hormone-dependent tumors of the breast and female reproductive tract, but the availability of mouse models in which these or other specific tumor-suppressor-gene defects result in the development of spontaneous hormone-dependent tumors of the female reproductive tract is limited (5, 20). However, Eker rats carrying a germ-line

Abbreviations: AN, anestrus; AR, androgen receptor; DES, diethylstilbestrol; LOH, loss of heterozygosity; PE, persistent estrus; PP, pseudopregnant; PR, progesterone receptor; VEH, vehicle.

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defect in one allele of the *Tsc-2* tumor-suppressor gene are a well characterized model for hormone-dependent tumors of the female reproductive tract (21–23). *Tsc-2* functions as an important regulator of phosphatidylinositol 3-kinase signaling downstream from AKT, serving to negatively regulate mTOR (24). Loss of function of the *Tsc-2* gene product, tuberin, results in the development of tumors in multiple organs, including the kidney, brain, lung, and uterus in humans and rodents (25–28). *Tsc-2* participates in tumor formation by the classic “two-hit” mechanism proposed by Knudson (28), with loss of function of tuberin observed in human, rat, and mouse *TSC-2*-associated lesions. Female rats carrying the Eker mutation (*Tsc-2*^{EK/+}) spontaneously develop uterine leiomyomas with a penetrance of 65% by 16 mo of age (23). In women, uterine leiomyoma is an ovarian hormone-dependent tumor that is the most common tumor of the reproductive tract and the major cause of hysterectomy in women of reproductive age. Uterine leiomyoma development in Eker rats is similarly hormone-dependent. Ovariectomy virtually ablates tumor development in this model, and leiomyoma-derived cells display an estrogen-responsive phenotype (23).

Here, using the Eker rat model, we show that exposure of the developing reproductive tract to the xenoestrogen DES can reprogram the normal hormonal responses of the uterus, significantly increasing the penetrance of the *Tsc-2* tumor-suppressor-gene defect and increasing the incidence, multiplicity, and size of tumors that result from loss of *Tsc-2* function. These results establish developmental programming as a type of gene–environment interaction that could modify risk in genetically susceptible individuals.

Methods

Animals. The care and handling of rats were in accord with National Institutes of Health guidelines and Association for the Accreditation of Laboratory Animal Care-accredited facilities, and all protocols involving the use of these animals were approved by the M. D. Anderson Animal Care and Use Committee. Neonatal female Eker rats obtained from an on-site colony received s.c. injections of either 10 μ g of DES (Sigma) per rat per day or 50 μ l of sesame seed oil [vehicle (VEH) control] on days 3, 4, and 5 after birth. The rats were genotyped for the Eker mutation (*Tsc-2*^{+/+} vs. *Tsc-2*^{EK/+}) and maintained on a 12-hr light/dark cycle. Animals were killed at 21 days or at 5, 10, 13, or 16 mo of age, and reproductive-tract tissues and livers were collected and fixed in 10% neutral buffered formalin before paraffin embedding or were frozen in liquid N₂. The myometrium was isolated by removing the endometrium with a sterile scalpel. Tumor incidence was determined by gross and microscopic examination of uterine tissue, and tumor size was measured at necropsy. Clonally distinct, multiple tumors within the same uterus were identified either by gross examination or by differences in loss of heterozygosity (LOH) at the *Tsc-2* locus by denaturing HPLC (see below). To determine tumor proliferation indices, 16-mo-old females received a 100 mg/kg i.p. injection of sterile BrdUrd (Sigma) in PBS 2 h before being killed. A total of 33 DES-exposed and 34 VEH-exposed *Tsc-2*^{EK/+} female rats were in the 16-mo study. Nine DES-exposed and six VEH-exposed animals became moribund and were killed before 16 mo, but all *Tsc-2*^{+/+} rats completed the study. There were no rats killed in the interim because of morbidity in the 21-day or 5-, 10-, or 13-mo groups.

The reproductive stage (proestrus, estrus, metestrus, or diestrus) of each 5-mo-old animal was determined by histological examination of the vagina and ovaries and analysis of blood serum estrogen and progesterone levels. Hormone levels were measured by RIA (Diagnostic Systems Laboratories, Webster, TX) according to the manufacturer's instructions. For 16-mo-old rats, the stage of reproductive senescence [pseudopregnant (PP), persistent estrus (PE), and anestrus (AN)] was determined by vaginal, ovarian, and uterine histology. Each stage is associated with a specific hormonal

mileu and reproductive tract histology. PP is associated with large corpora lutea in the ovaries and a mucified vaginal epithelium, whereas in PE, the ovaries contain numerous follicles and the vaginal epithelium is cornified. In AN, the ovaries are atrophied, and the vaginal epithelium is quiescent (29).

LOH at the *Tsc-2* Locus. The mean ratio of mutant to wild-type *Tsc-2* alleles in heterozygous Eker rats was calculated from ear DNA by multiplex PCR followed by high-performance liquid chromatography as described in ref. 30. Briefly, genomic DNA from frozen tissue was isolated by using the DNEasy kit (Qiagen) by following the manufacturer's protocol. A multiplex PCR designed to discriminate between the wild-type (240-bp product) and mutant (180-bp product) *Tsc-2* alleles was conducted, and 10 μ l of each PCR mixture was analyzed on the WAVE HPLC system with a DNA separation column (Transgenomic, Santa Clara, CA). DNA was eluted at a flow rate of 0.9 ml/min with a linear acetonitrile gradient consisting of buffer A [0.1 M triethylammonium acetate (TEAA), pH 7.0] and buffer B (0.1 M TEAA/25% acetonitrile, pH 3–4) at 50°C under nondenaturing conditions. The PCR products were separated according to size: the 180-bp fragment eluted at 4.4 min and the 240-bp fragment at 5.5 min. The area ratio between the mutant and wild-type peaks was empirically determined, and the mean (\pm SD) area ratio for heterozygotes was calculated to be 1.23 ± 0.24 for 24 animals. The same reaction was used to assess LOH in neoVEH and neoDES uterine leiomyomas. Tumors with area ratios >2 SDs greater than the mean area ratio (i.e., area ratio >1.72) were determined to have LOH at the *Tsc-2* locus.

Immunohistochemistry. To assess tissue-proliferation rates, paraffin-embedded tissues were sectioned and deparaffinized in xylene and 100% ethanol. Endogenous peroxidase activity was quenched with 1% H₂O₂ in methanol for 30 min, and the tissues were denatured in 1 M HCl for 20 min. The tissues were treated with 0.05% protease type XXIV (Sigma) in deionized H₂O for 20 min. Anti-BrdUrd antibody (Becton Dickinson) or anti-Ki-67 antibody (DAKO) was diluted 1:150 in 0.5% Tween 20 with 0.1% BSA in PBS and hybridized to the tissue overnight at 4°C. Staining was visualized by treatment with biotinylated anti-mouse IgG and the VEC-TASTAIN ABC kit (Vector Laboratories). The apoptotic cells in tumor-tissue sections were visualized with the ApopTag TUNEL kit (Intergen, Purchase, NY) by following the manufacturer's instructions for formalin-fixed, paraffin-embedded tissues. CD-31 staining to assess tumor vascularity was performed by using an anti-CD-31 antibody (Santa Cruz Biotechnology) diluted 1:500 in PBS. CD-31 was visualized with biotinylated anti-goat IgG (Vector Laboratories) as described above, and tumor microvessel density was determined by pathological examination of all tumor sections.

Western Blot Analysis. Western blot analysis of tuberin, ER α , progesterone receptor (PR), and androgen receptor (AR) was conducted on 50 μ g of myometrial and liver protein lysate by using a mouse anti-PR antibody (NeoMarkers, Fremont, CA) that recognizes the PR-A and PR-B isoforms and rabbit anti-tuberin, anti-AR, and anti-ER α antibodies (Santa Cruz Biotechnology).

Results

Reproductive Tracts of Eker Rats Exhibit Hormonal Imprinting in Response to Developmental Exposure to Xenoestrogen. Brief exposures during critical periods of development to xenoestrogens, including phytoestrogens and pharmaceuticals such as DES, impart a hormonal imprint on the developing tissue that modulates its appearance and function in the adult. This hormonal imprinting has been demonstrated for several hormone-responsive tissues, including the breast, prostate, and female reproductive tract (14, 31–34). In the Eker rat model, inheritance of a defect in one allele of the *Tsc-2* tumor-suppressor gene predisposes to uterine leiomyomas that arise from the myometrial compartment of the uterus. To

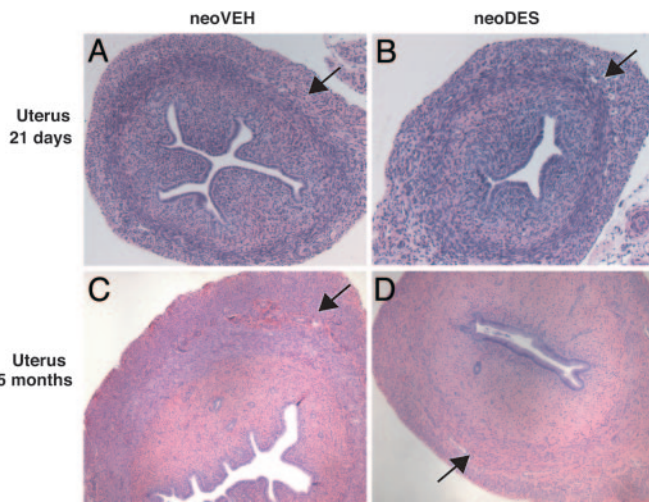


Fig. 1. Effects of neonatal DES exposure on uterine morphology. Histological sections of uteri from 21-day-old (A and B) and 5-mo-old (C and D) neoVEH- and neoDES-exposed rats ($\times 40$). All tissue sections were stained with hematoxylin and eosin. Arrows denote the myometrial layer of the uterus.

determine the effect of an environmental exposure during development on the myometrium of Eker rats, animals ($Tsc-2^{+/+}$ and $Tsc-2^{E_k/+}$) were exposed to the xenoestrogen DES during neonatal days 3–5 of development, a critical period of myometrial differentiation (35). At postnatal day 21, before the onset of puberty (which in the rat is \approx day 35), no differences were observed in the morphology of the immature uteri of animals exposed to VEH (neoVEH) or DES (neoDES) neonatally (Fig. 1 A and B). However, after the onset of puberty, several morphological and functional differences were observed in the reproductive tracts of neoVEH vs. neoDES females at 5 mo of age. All neoDES females displayed persistent vaginal cornification, condensed and hyalinized endometrial stroma, and a paucity of endometrial glands, hallmarks of early-life estrogen exposure and hormonal imprinting of the female reproductive tract (Fig. 1 C and D). Furthermore, of all neoDES-exposed rats evaluated, 58% displayed endometrial hyperplasia as compared with 0% for neoVEH rats [$P < 0.01$ (χ^2 test); neoDES $n = 57$; neoVEH $n = 60$] (see Fig. 6 E and F, which is published as supporting information on the PNAS web site). The architecture of the myometrium was fairly normal in DES-exposed animals, although it was somewhat hypoplastic compared with

VEH-exposed myometria (Fig. 1 C and D). The ovaries of the neoDES females lacked corpora lutea and had more interstitial tissue than did neoVEH ovaries (Fig. 6 C and D), resulting in disruption of normal ovarian cycling. There were no differences between VEH-exposed $Tsc-2^{+/+}$ and $Tsc-2^{E_k/+}$ females for any of these measures.

Consistent with the aberrant ovarian histology observed in neoDES females, steroid hormone production also was significantly compromised. Levels of circulating estrogen and progesterone were significantly reduced in neoDES females relative to neoVEH animals, and neoDES females failed to exhibit normal estrus cycles (Fig. 2 A and B). Quantitation of cell proliferation in the myometrium of adult neoDES females revealed that myometrial cells from exposed animals had very low proliferative indices, similar to normal postovulatory neoVEH females in metestrus or diestrus, when hormone-driven cell proliferation is lowest (Fig. 2C). Thus, the appearance of the myometrium of 5-mo-old neoDES females was consistent with the hypoestrogenic milieu found in postovulatory animals. These findings raised the question of what would be the overall impact on tumorigenesis in the target tissue of the combined presence of a tumor-suppressor-gene defect that predisposed to hormone-dependent uterine leiomyoma and a developmental exposure that had hormonally imprinted the reproductive tract and compromised ovarian function.

***Tsc-2* Tumor-Suppressor-Gene Penetrance Is Increased in Animals in Response to Hormonal Imprinting.** To determine the impact of the hormonal imprint imparted by DES exposure on the myometrium, tumorigenesis was evaluated in neoDES and neoVEH females at 16 mo of age. In wild-type rats ($Tsc-2^{+/+}$), DES failed to induce uterine leiomyomas; no gross or microscopic uterine leiomyomas were observed in the uteri of ($Tsc-2^{+/+}$) neoDES or ($Tsc-2^{+/+}$) neoVEH animals in the absence of a *Tsc-2* defect (Table 1). Surprisingly, considering the hypoplastic appearance of the myometrium and the reduction in circulating levels of ovarian steroids, tumor-suppressor-gene penetrance was significantly enhanced in female rats carrying the Eker mutation ($Tsc-2^{E_k/+}$). neoVEH carriers had a 64% tumor incidence, similar to the 65% incidence of historical controls, whereas neoDES carriers exhibited nearly complete penetrance, with a tumor incidence of 92% ($P < 0.02$). Tumor multiplicity also increased from 0.82 to 1.33 tumors per rat ($P < 0.02$), and the tumors in neoDES carriers were 5 times larger than the tumors in neoVEH animals ($P < 0.02$) (Table 1). Therefore, whereas DES exposure imparted a hormonal imprint on the female reproductive tract in both carriers and noncarriers, it was not sufficient to induce tumors in the absence of the tumor-suppressor-

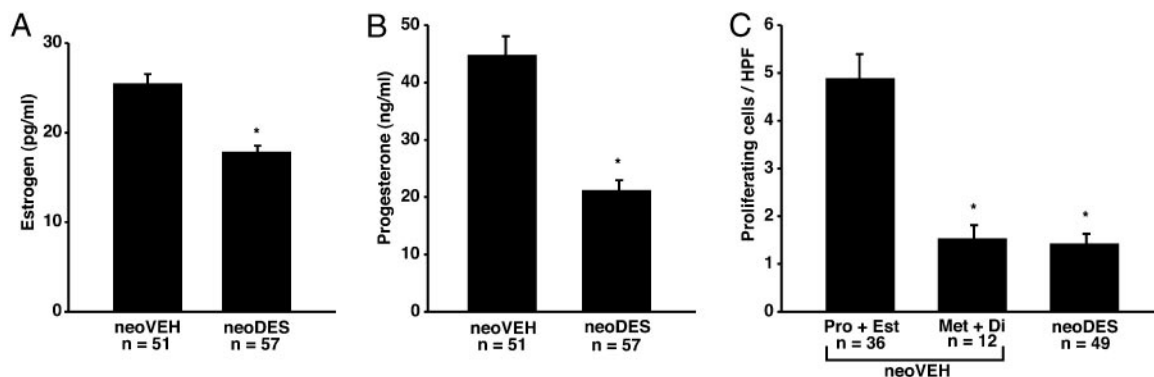


Fig. 2. DES-induced developmental programming alters steroid hormone levels and myometrial proliferation. (A and B) Levels of estrogen (A) and progesterone (B) in blood serum of 5-mo-old rats exposed neonatally to either VEH or DES. *, $P < 0.01$, unpaired *t* test. (C) Ki-67 was used to determine the proliferative rates of myometrial tissue in neoDES- and neoVEH-treated 5-mo-old Eker rats. For neoVEH animals, the proliferative rates were combined for the reproductive stages of proestrus and estrus (Pro + Est) or metestrus and diestrus (Met + Di). The neoDES animals were not similarly staged because these animals did not cycle. * denotes significant difference from the Pro + Est group. *, $P < 0.01$, Kruskal–Wallis test.

Table 1. Developmental DES exposure increases tumor incidence, multiplicity, and size in genetically susceptible animals

Age, mo	Genotype	Treatment	No. of rats	% tumor incidence	Multiplicity (mean no. of tumors per rat \pm SEM)	Size, cm ³ (mean \pm SEM)
16	<i>Tsc-2</i> ^{EK/+}	VEH	28	64	0.82 \pm 0.15	2.30 \pm 1.10
		DES	24	92*	1.33 \pm 0.17*	10.50 \pm 2.70*
16	<i>Tsc-2</i> ^{+/+}	VEH	34	0	N/A	N/A
		DES	34	0	N/A	N/A
13	<i>Tsc-2</i> ^{EK/+}	VEH	27	48	0.63 \pm 0.17	1.10 \pm 0.42
		DES	26	69	0.73 \pm 0.10	13.70 \pm 7.80
10	<i>Tsc-2</i> ^{EK/+}	VEH	30	23	0.27 \pm 0.10	0.01 \pm 0.00
		DES	29	10	0.10 \pm 0.06	0.16 \pm 0.18

*, $P < 0.02$ (determined by the χ^2 test for tumor incidence and Student's t test for multiplicity and tumor size). N/A, not applicable.

gene defect, indicating that the impact of DES exposure on tumorigenesis was specific for genetically predisposed animals.

Because DES could impart a hormonal imprint to the uteri of all exposed animals, but tumors arose only in heterozygotes, we asked whether loss of function of the *Tsc-2* tumor-suppressor gene was still required for tumorigenesis in DES-exposed animals. Loss of tuberlin expression was detected in the vast majority of both neoDES and neoVEH tumors that arose in carrier females, whereas normal myometrium from age-matched Eker rats continued to express high levels of tuberlin regardless of the stage of reproductive senescence (Fig. 3). More than 75% of these tumors could be demonstrated by Western analysis to have greatly diminished or absent tuberlin expression, and LOH (36) accounted for loss of *Tsc-2* function with the same frequency (58% vs. 50%) in neoDES and neoVEH tumors. When tumor incidence was analyzed as a function of time, the difference in tumor incidence observed between neoDES and neoVEH animals at 16 mo of age was less pronounced at 13 mo of age (69% vs. 48%) (Table 1). At the earliest time point examined (10 mo of age), there was no significant difference in tumor incidence between neoDES and neoVEH carriers (10% vs. 23%). However, even at 10 mo, the earliest time at which grossly observable tumors were seen, tumors were larger in the neoDES vs. neoVEH animals (0.16 vs. 0.01 cm³), and this trend continued in the 13-mo-old females (13.70 vs. 1.10 cm³) and became significant by 16 mo ($P < 0.05$, Table 1). Therefore, consistent with previous studies in this model, loss of function of the remaining wild-type allele appeared to be a rate-limiting event for tumorigenesis. Importantly, the hormonal imprint acquired in response to DES exposure appeared to accelerate the growth of tumors that had lost *Tsc-2* gene function, enhancing tumor-suppressor-gene penetrance, even in the presence of a hypoeestrogenic milieu present in neoDES females.

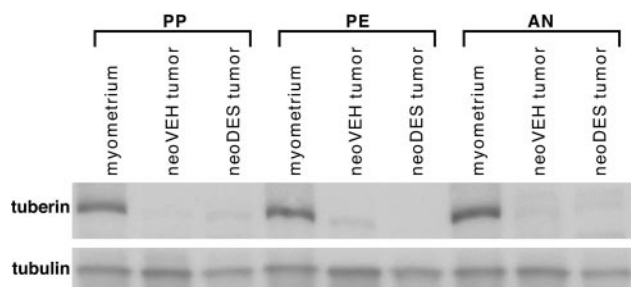


Fig. 3. Tuberlin expression in 16-mo-old Eker rats. Shown is Western blot analysis of tuberlin expression in normal myometrium and in tumors from neoVEH- and neoDES-exposed animals at each stage of reproductive senescence. Tubulin expression is used as a loading control.

Developmental Programming Enhances the Estrogen-Responsiveness of Target Tissues to Increase Tumor-Suppressor-Gene Penetrance. To determine the mechanism by which developmental DES exposure enhanced tumor-suppressor-gene penetrance, we examined developmental programming of the target tissue as a candidate mechanism for modulation of tumor outcome in genetically susceptible animals. Uterine leiomyomas are hormone-dependent, and tumor development in the Eker rat requires the steroid hormone estrogen (23). To determine whether developmental programming had occurred in the target tissue before tumor development, we examined the myometria of female rats for expression of the PR and AR, two well characterized estrogen-responsive genes.

PR and AR expression vary throughout the estrous cycle in the normal myometrium. They are induced during proestrus, when estrogen levels peak, and are reduced to low-to-undetectable levels during later phases of the cycle, when estrogen levels decline (Fig. 4). The myometria of neoVEH females exhibited the typical cyclical estrogen-driven expression pattern of PR and AR. However, in the myometria of neoDES females, PR and AR expression was elevated, even under conditions of low estrogen (Fig. 4). There were no differences in ER α expression in the myometria of neoDES or neoVEH females (Fig. 4). In contrast to the uterine myometrium, the liver, which is fully differentiated in the neonate at the time of DES exposure, exhibited no differences in expression of PR or AR between neoDES and neoVEH animals, which also expressed comparable levels of ER α in their livers (see Fig. 7, which is published as supporting information on the PNAS web site). Deregulation of PR and AR expression in the myometrium demonstrated reprogramming of steroid-hormone responsiveness at the cellular level in neoDES females and also suggested that the hyperresponsiveness to estrogen characteristic of uterine leiomyoma was exacerbated in these animals, permitting tumors to develop subsequent to loss of *Tsc-2* tumor-suppressor-gene function, even under the hypoeestrogenic hormonal milieu present in neoDES carriers.

To extend this finding to tumors, we compared the proliferative potential of neoDES vs. neoVEH tumors under similar hormonal milieus. Hormone levels and stage of reproductive senescence were determined for all tumor-bearing animals (neoDES and neoVEH), and the proliferative indices of the tumors were measured by BrdUrd incorporation. neoDES tumors, overall, were twice as proliferative as neoVEH tumors ($P < 0.05$, Fig. 5). After controlling for hormonal milieu, neoDES tumors were more proliferative than matched tumors from neoVEH carriers at both the PP and PE stages of reproductive senescence (Fig. 5). However, in AN, which is characterized by atrophy of the ovary, absence of ovarian function, and negligible estrogen levels, there was no difference between the proliferative indices of neoVEH and neoDES tumors. Apoptosis, which we have previously shown is not regulated by estrogen in these tumors (37), was not significantly different be-

